

Evidence for Change Project for Wellbeing of Care Home Residents

Contact for further information:

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Executive Summary

The Lancashire Health and Wellbeing Board are to be made aware of a research project that has taken place to improve the wellbeing of residents in a care home in East Lancashire. The project was led by Public Health and Wellbeing Managers in a cross-organisation team including a private care home manager, residents and an Occupational Therapist from East Lancashire Hospitals NHS Trust. The project was part of an academic Evidence for Change Programme run by the National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care North West Coast (NIHR CLAHRC NWC).

The project successfully empowered and engaged with care home residents and the approach gave those involved an improved sense of wellbeing. It is intended for this work to be shared as good practice and for further work to take place to measure impact.

A briefing is provided in the Appendix and a film showcasing the work is intended to be shown via the following [link](#). A full version of the film can be found [here](#).

Recommendations

The Health and Wellbeing Board is recommended to:

1. Recognise this work and help raise awareness of approaches focusing on wellbeing
2. Endorse the recommendations included in the briefing note including:
 - a. That the approach used is shared as good practice
 - b. The research is repeated to further measure improvement and impact
 - c. That the county council and partners explore how further work with residents to improve engagement and relationships can reduce safeguarding alerts
3. Agree that learning from the project and follow on work reports to the county council led Care Home Quality Assurance and Improvement Board Programme.

Background

Please see Appendix.

List of background papers

N/A